

PUBLISHED CLINICAL CASE STUDIES, INDEXED BY SYMPTOM, DEMONSTRATING THE THERAPEUTIC RECONSOLIDATION PROCESS AS FACILITATED IN COHERENCE THERAPY

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- Some publications are listed for more than one symptom.
- Coherence Therapy prior to 2005 was known as Depth Oriented Brief Therapy or DOBT.
- In the symptom column, terms in brackets indicate the discovered, underlying emotional themes where this is likely to be of special interest.
- "UEB" stands for *Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation* by Bruce Ecker, Robin Ticic & Laurel Hulley (Routledge, 2012). All other publications are indicated in the list of references below the symptom index.

Symptom	Publication	Chapter / Page Numbers
Agoraphobia with delusion	Ecker & Hulley, 1996	28–39
Alcoholism	Martignetti, 2012 (UEB)	Ch. 8, 168–180
Anger/rage	Ecker, 2018	See citation (Section 7.1)
	Ecker, Ticic & Hulley, 2013a	See citation
	UEB	Ch. 5, 98–100, Raoul
	Vaz & Ecker, 2020	See citation
	Neimeyer, 2009	91–95
	Ecker & Hulley, 1996	186–194
Anxiety	Ecker & Hulley, 2000b	63–89
	Ecker, 2003	See citation
	UEB	Ch. 3, 43-61, Richard
Anxiety, social	UEB	Ch. 5, 110–119, Regina
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker, Ticic & Hulley, 2013b	See citation

Symptom	Publication	Chapter / Page Numbers
Attachment insecurity		
merging, obsession.....	UEB Ecker & Hulley, 1996	Ch. 4, 71-77, Charlotte 167–170, 211–214
avoidance of intimacy.....	UEB	Ch. 5, 106–109, Travis
unable to leave parent's home..	Sibson & Tivic, 2014	See citation
negative attention.....	Ecker & Hulley, 2008a	See citation
[terror of mother's rage].....	Ecker & Hulley, 2008b	---
[parental rejection].....	Ecker & Hulley, 2008c	---
[had to be the perfect child]....	Ecker & Hulley, 2016	---
Borderline personality		
	Vaz & Ecker, 2020	See citation
Compulsive behavior		
eating, overweight.....	Ecker & Hulley, 2008a Geoghegan, 2012 (UEB)	See citation Ch. 9, 181–185
lateness.....	Ecker & Hulley, 2016	---
Couple therapy		
always fighting again.....	Ecker & Hulley, 1996	22–24
[molest, complex trauma].....	Ecker & Hulley, 1996	240–256
chronic conflict.....	Ecker & Hulley, 1999a	32–41
sexual, weight problems.....	Ecker & Hulley, 1999b	See citation
power conflicts.....	Ecker & Hulley, 2000a	181–187
Depression		
with workaholism.....	Ecker & Hulley, 1996	63–91
over daughter's molestation.....	Ecker & Hulley, 1996	184–185
long-term "black cloud".....	Ecker & Hulley, 2002a Ecker & Bridges, 2020	See citation See citation
in complicated bereavement.....	Ecker & Hulley, 2008d	---
annually recurring.....	Ecker & Hulley, 2008c	---
of a middle-aged woman.....	Ecker 2015	26–27
Family problems		
blended family problems.....	Neimeyer & Raskin, 2001 Neimeyer & Bridges, 2003	407–411 308–310
son's social aggression, A.D.D. ...	Ecker & Hulley, 1996	221–230
Grief: complex bereavement		
	Ecker & Hulley, 2008d Neimeyer et al., 2010	--- 80–82
Guilt		
of a father.....	Sibson, 2012 (UEB)	Ch. 7, 159–167
of a step-mother.....	Neimeyer & Raskin, 2001	407–411
Hallucination and delusion		
	Connor, 2012 (UEB)	Ch. 10, 186–200
Low self-worth		
	Ecker & Hulley, 1996 Ecker & Hulley, 2002a UEB UEB	42–63, 116 See citation Ch. 3, 43–61, Richard Ch. 5, 110–119, Regina

Symptom	Publication	Chapter / Page Numbers
Panic attacks	Ecker & Hulley, 2000b	63–89
	Ecker & Hulley, 2002b	See citation
	Ecker, 2003	See citation
Perfectionism	Vaz & Ecker, 2020	See citation
Phobia: fear of flying	Martignetti & Jordan, 2001	See citation
	Neimeyer & Bridges, 2003	308–310
Procrastination, inaction	Ecker & Hulley, 2013	Graciela
	Ecker & Hulley, 2008b	---
Self-harming impulses, suicidality	Vaz & Ecker, 2020	See citation
Sexual aversion	Neimeyer & Bridges, 2003	290–292
	UEB	Ch. 5, 120–123, Carol
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker 2015	26–27
Shame	UEB	Ch. 5, 110–119, Regina
	UEB	Ch. 7, 159–167, John
	UEB	Ch. 10, 186–200, Emma
Trauma, PTSD		
stage fright.....	UEB	Ch. 4, 86–91, Brenda
[complex trauma].....	Ecker, 2018	See citation (Section 7.2)
	Ecker & Hulley, 2017	---
	UEB	Ch. 4, 77–86, Ted
	UEB	Ch. 5, 110–119, Regina
[molestation].....	Ecker, 2018	See citation (Section 7.1)
	Ecker & Hulley, 1996	240–256
Underachieving/marginality	UEB	Ch. 4, 77–86, Ted
	Ecker 2008	See citation
	Ecker & Hulley, 2008b	---
Wife's unmet desire to have baby	Ecker & Hulley, 1996	163–166, 175–176

Connor, T. A. (2012). Hearing hostile voices: Ending psychotic symptoms at their coherent roots. In Ecker, B., Ticic, R., & Hulley, L. *Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation* (pp. 186-200). New York: Routledge.

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