Join workshop presenter Dr Sara K. Bridges on May 18th and 19th in London, where you will learn more about the ground-breaking principles underpinning Coherence Therapy (www.CoherenceTherapy.org) and Memory Reconsolidation.

In this Intermediate Intensive (PLACES LIMITED) you will have the opportunity to deepen your understanding of how Coherence Therapy dispels a wide range of problems and symptoms by dissolving their emotional roots. In accordance with the principles of Memory Reconsolidation, this involves using a guided process for accurately finding the specific emotional implicit constructs and schemas maintaining a symptom, followed by a guided process of transformational change that nullifies those schemas, releasing their powerful grip and ending symptom production.

This process of transformational change is corroborated by neuroscience research findings on Memory Reconsolidation, which is currently the only known process for erasing a specific implicit learning.

In this two-day intimate intensive skills-building workshop the emphasis will be on providing opportunities for you to develop and hone your skills doing your own ‘real’ sessions in small groups. You will be coached by Sara offering live, in-the-moment feedback, as together with colleagues you develop your competencies in working with Coherence Therapy’s phases of discovery, integration and transformation.

Participants attending this workshop need to evidence familiarity with and experience of working with the principles of Coherence Therapy with clients and be familiar with the ‘Coherence Therapy Practice Manual’ (2011) or ‘Unlocking the Emotional Brain’ (2012) or ‘Depth Oriented Brief Therapy’ (1996).
Dr Sara K. Bridges is the co-director of the Coherence Psychology Institute and a certified trainer and supervisor of Coherence Therapy. Dr Bridges is also the Director of Training and an associate professor of Counselling Psychology at the University of Memphis. She is a recipient of the distinguished Teaching Award for the University of Memphis and an active scholar of constructivism and sexuality. Dr Bridges has co-edited the five volume *Studies in the Meaning* series. She is a past president of both the Constructivist Psychology Network and the Society of Humanistic Psychology (Division 32 of the American Psychological Association). Dr Bridges is also a licensed psychologist in Tennessee and New York with a distance based private practice.

**DATES:**
WORKSHOP INTENSIVE – May 18th and 19th 2018 (9am – 5pm)

**COST:**
May 18th and 19th 2018 £375.00

**VENUE:**
The Guild of Psychotherapists, 47 Nelson Square, London SE1 0QA

**BOOKING:**
Please complete the attached workshop booking form and return it by e-mail to Maggie Cusworth at maggie@crisalida.co.uk

**DATES:**
SUPERVISION DAY – May 20th 2018 (9am – 5pm)

**COST:**
May 20th $120.00 per hour payable direct to Sara

**VENUE:**
The Guild of Psychotherapists, 47 Nelson Square, London SE1 0QA

**BOOKING:**
If you are interested in booking one to one or group supervision time with Sara please e-mail Maggie Cusworth at maggie@crisalida.co.uk stating your preferred time/s and whether you wish to book one hour one to one supervision or opt for a three hour group supervision with two or three colleagues. Supervision time with Sara will be allocated on first come first served basis to help with your planning your attendance.
BOOKING FORM

A two day workshop intensive opportunity for professionals who value and use Coherence Therapy and Memory Reconsolidation principles and practices in their work with clients.

Participants’ own experiential work provides the main teaching/learning experience so that participants who have already attended Introductory and Intermediate Coherence Therapy events will gain most from this workshop intensive.

Please complete the booking form and return it electronically to: maggie@crisalida.co.uk

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<th>Workshop Dates and Fees</th>
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<tr>
<td>9.00 am to 5.00 pm daily</td>
<td>Workshop Intensive May 18th and 19th 2018 £375.00 □</td>
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<td>ONE HOUR LUNCH BREAK</td>
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<td>TEAS, COFFEES, JUICES, WATER and SNACKS AVAILABLE ON SITE</td>
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| PROFESSIONAL QUALIFICATION |  |

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<tr>
<th>PREVIOUS EXPERIENCE WITH COHERENCE THERAPY AND WORKSHOPS ATTENDED (please print)</th>
<th>WORKSHOP TITLE DATE/S ATTENDED VENUE</th>
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| EMAIL ADDRESS (please print) |  |

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<tr>
<td>□ By cheque payable to CRISALIDA LIMITED and sent to 37 Lower Wardown, Petersfield, Hampshire, GU31 4PA</td>
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LOGISTICS

PAYMENT METHODS

There are two payment methods available:

BANK TRANSFER  – To make payment by bank transfer, please use the following account details using your name as the reference:

Bank: HSBC
Address: Market Square, Petersfield, Hampshire, GU32 3HQ
Account Name: Crisalida Limited
Account Number: 71427555
Sort Code: 40-36-16
BIC/SWIFT CODE: HBUKGB4149A
IBAN: GB03HBUK40361671427563

CHEQUE  – Cheques are to be made out to CRISALIDA LIMITED and sent to 37 LOWER WARDOWN, PETERSFIELD, HAMPSHIRE, GU31 4PA

CANCELLATION POLICY  – Payment is fully refundable (less £50.00 administration fee) if a cancellation is made in writing and received 12 weeks (February 15th 2018) prior to the workshop. Regrettably after February 15th 2018 due to speakers’ travel costs and administration arrangements refunds are not available under any circumstances.

There is £50.00 administration fee for all cancellations.

PLEASE NOTE YOUR BOOKING IS NOT CONFIRMED UNTIL PAYMENT IS RECEIVED IN FULL

VENUE  – The workshop will take place at the following address:

The Guild of Psychotherapists
47 Nelson Square
London
SE1 0QA

CERTIFICATES OF ATTENDANCE (12 hours credit) are available for all participants at the end of the workshop

WHAT TO BRING

Clothing  – Comfortable, relaxed clothing is all that’s needed.

Refreshments  – Tea/coffee/juice and snacks will be provided in the breaks. We would encourage you to bring water with you to keep yourself hydrated throughout the workshops. There are a number of convenience shops and choice of restaurants close by but you are welcome to bring snacks and/or a packed lunch with you.

Stationery  – All you will need is a notepad and pen. You will be provided with all other materials.

WE LOOK FORWARD TO SEEING YOU THERE!!