

PUBLISHED CASE STUDIES OF COHERENCE THERAPY INDEXED BY SYMPTOM

*Suggesting the wide range of symptoms for which
the memory reconsolidation process can be effective*

- Some publications are listed for more than one symptom.
- Coherence Therapy prior to 2005 was known as Depth Oriented Brief Therapy or DOBT.
- In the symptom column, terms in brackets indicate the discovered, underlying emotional themes in cases where this is likely to be of special interest.
- "UEB" stands for *Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation* by Bruce Ecker, Robin Ticic & Laurel Hulley (Routledge, 2012). All other publications are indicated in the list of references below the symptom index.

Symptom	Publication	Chapter or Page Numbers
Agoraphobia with delusion	Ecker & Hulley, 1996	28-39
Alcoholism	Martignetti, 2012 (UEB)	Ch. 8, 168-180
Anger/rage	Ecker & Hulley, 1996	186-194
	Neimeyer, 2009	91-95
	UEB	Ch. 5, 98-100, Raoul
	Ecker, Ticic & Hulley, 2013a	See citation
Anxiety	Ecker & Hulley, 2000b	63-89
	Ecker, 2003	See citation
	UEB	Ch. 3, 43-61, Richard
Anxiety, social	UEB	Ch. 5, 110-119, Regina
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker, Ticic & Hulley, 2013b	See citation

Symptom	Publication	Chapter or Page Numbers
Attachment insecurity		
merging, obsession.....	UEB Ecker & Hulley, 1996	Ch. 4, 71-77, Charlotte 167-170, 211-214
avoidance of intimacy.....	UEB	Ch. 5, 106-109, Travis
negative attention.....	Ecker & Hulley, 2008a	See citation
[terror of mother's rage].....	Ecker & Hulley, 2008b	---
[parental rejection].....	Ecker & Hulley, 2008d	---
Compulsive eating, overweight		
	Ecker & Hulley, 2008a Geoghegan, 2012 (UEB)	See citation Ch. 9, 181-185
Couple therapy		
always fighting again.....	Ecker & Hulley, 1996	22-24
[molest, complex trauma].....	Ecker & Hulley, 1996	240-256
chronic conflict.....	Ecker & Hulley, 1999a	32-41
sexual, weight problems.....	Ecker & Hulley, 1999b	See citation
power conflicts.....	Ecker & Hulley, 2000a	181-187
Depression		
with workaholism.....	Ecker & Hulley, 1996	63-91
over daughter's molestation.....	Ecker & Hulley, 1996	184-185
long-term "black cloud".....	Ecker & Hulley, 2002a	See citation
in complicated bereavement.....	Ecker & Hulley, 2008c	---
annually recurring.....	Ecker & Hulley, 2008d	---
of a middle-aged woman.....	Ecker 2015	26-27
Family problems		
blended family problems.....	Neimeyer & Raskin, 2001 Neimeyer & Bridges, 2003	407-411 308-310
son's social aggression, A.D.D. ...	Ecker & Hulley, 1996	221-230
Grief: complex bereavement		
	Ecker & Hulley, 2008c Neimeyer et al., 2010	--- 80-82
Guilt		
of a father.....	Sibson, 2012 (UEB)	Ch. 7, 159-167
of a step-mother.....	Neimeyer & Raskin, 2001	407-411
Hallucination and delusion		
	Connor, 2012 (UEB)	Ch. 10, 186-200
Low self-worth		
	Ecker & Hulley, 1996 Ecker & Hulley, 2002a UEB	42-63, 116 See citation Ch. 3, 43-61, Richard

Symptom	Publication	Chapter or Page Numbers
Panic attacks	Ecker & Hulley, 2000b	63-89
	Ecker & Hulley, 2002b	See citation
	Ecker, 2003	See citation
Phobia: fear of flying	Martignetti & Jordan, 2001	See citation
	Neimeyer & Bridges, 2003	308-310
Procrastination	Ecker & Hulley, 2013	Graciela
Sexual aversion	Neimeyer & Bridges, 2003	290-292
	UEB	Ch. 5, 120-123, Carol
	Ecker, Ticic & Hulley, 2013a	See citation
	Ecker 2015	26-27
Trauma, PTSD		
stage fright.....	UEB	Ch. 4, 86-91, Brenda
[complex trauma].....	UEB	Ch. 4, 77-86, Ted
	UEB	Ch. 5, 110-119, Regina
[molestation].....	Ecker & Hulley, 1996	240-256
Underachieving/marginality	UEB	Ch. 4, 77-86, Ted
	Ecker 2008	See citation
	Ecker & Hulley, 2008b	---
Wife's unmet desire to have baby	Ecker & Hulley, 1996	163-166, 175-176

Connor, T. A. (2012). Hearing hostile voices: Ending psychosomatic symptoms at their coherent roots. In Ecker, B., Ticic, R., & Hulley, L. *Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory Reconsolidation* (pp. 186-200). New York: Routledge.

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